

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

Fresh Catering

Spring / Summer 2024

At: **St John the Evangelist**

April 2024

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2024

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024

M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2024

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 2024

M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2024

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			





Spring/ Summer Menu 2024

Week 1

Week 2

MONDAY

Vegetarian Sausage Roll & Creamed Pots, Vegetables & Gravy (v)

Fruity Vegetarian Curry & Rice (v)

Orange Cookie, Yogurt or Seasonal Fruit Platter

TUESDAY

Spaghetti Bolognese & H/M Garlic Bread

Jacket Potato with a Choice of Filling/s (v)

Chocolate Penny Biscuits or Seasonal Fruit Platter

WEDNESDAY

Butchers Sausage All Day Breakfast

Vegetarian Sausage All Day Breakfast (v)

Ice Cream & Fruit Coulis or Seasonal Fruit Platter

THURSDAY

Southern Style Chicken Portion with Wedges & Salad

Ploughman's Toastie (v)

Carrot & Pineapple Cake or Seasonal Fruit Platter

FRIDAY

Fish Fingers with Chips, Peas or Baked Beans

Omelette with Chips, Baked Beans or Peas (v)

Chocolate Crunch Finger & Fruit Chunk or Seasonal Fruit

MONDAY

H/M Cheese & Tomato Pizza, Veg, Paprika Pots (v)

Roast Vegetable Lasagne & H/M Garlic Bread (v)

Melting Moments, Yogurt or Seasonal Fruit Platter

TUESDAY

Sweet & Sour Pork with Rice or Noodles

Ravioli in a Homemade Tomato Sauce (v)

Tangy Lemon Cake or Seasonal Fruit Platter

WEDNESDAY

Roast Chicken Fillet, Stuffing, Pots, Gravy, Carrots & Peas

Roast Quorn Fillet, Stuffing, Pots, Gravy, Carrots & Peas (v)

Fruit Oatie Finger or Seasonal Fruit Platter

THURSDAY

Hunters Chicken in a H/M Sauce with Sauté Pots & Veg

Jacket Potato with a Choice of Filling/s (v)

Shortbread Finger & Fruit Chunk or Seasonal Fruit Platter

FRIDAY

Breaded Fish Star & Chips with Baked Beans or Peas

Vegetarian Frittata with Chips & Beans (v)

Summer Fruit Flapjack or Seasonal Fruit Platter

